



## The April Fridge Sheet

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### Spring Educational Offerings

#### Discipleship: Grow So You Can Go

Christian discipleship is an on-going, never-ending pursuit. It is the process by which we grow in Christ and are equipped by the Holy Spirit to overcome life's pressures and trials. Discipleship prepares us to give testimony of the reason *for the hope that is within us* (1 Peter 3:15) and to disciple others to walk in His way. Discipleship starts by being in the Word daily—studying it, praying over it, and obeying it. In addition, we learn by studying with the rest of The Body, in small groups and regular classes. Not sure where to start? Choose one or two of the following spring offerings!

#### Colossians: Christ in You, the Hope of Glory

Beginning April 8, this six-week Bible study will take a closer look at Paul's words to the church at Colossae. He uses this short but important letter to "emphasize the uniqueness and supremacy of Christ's work in creation and redemption." It was a timely exhortation about freedom and hope in Christ for the believers in Paul's time and it is still relevant today. Class will meet in the Sanctuary on Sunday mornings during the discipleship hour, starting at 9:45 a.m.

#### Prayer: Going Deeper

Our on-going study on prayer continues April 8, moving downstairs to the multi-purpose room, Sundays at 9:45 a.m. After Easter, this class will build upon the recent 9-week class on prayer by taking the next steps in our journey to learn, discuss, practice, and participate in going deeper and enhancing our prayer lives.

#### HEART: New Bible Study

HEART: a 10-week Bible study for women who have had an abortion. It's confidential, nonjudgmental, and a safe place to share your experience. Come and receive God's healing, restoration and hope. New group starting Wed., April 11 – June 13. For more information call or text Suzy Speare at 703-861-5994 or [arc@carenetprcs.org](mailto:arc@carenetprcs.org).

#### Tuesday Women's Bible Study

Please join us this month as we continue our study of the Ten Commandments based on a sermon series Bishop John Guernsey preached at All Saints'. These teachings explain that the purpose of God's law is not to make us perfect but to show us how much we need Jesus. We'll examine how the 10 Commandments point us to Jesus and continue to guide us as His followers. Small group discussion will follow each teaching. There is no fee for this study, and your Bible is the only textbook you'll need. We've saved a place for you in the multipurpose room at All Saints' from 10 a.m.-noon each Tuesday. Free childcare is available in the church nursery. Please contact [Chloellen@comcast.net](mailto:Chloellen@comcast.net) for more information or to reserve a place for your child in the nursery.

#### Women's Thursday Bible Study: The Epistle of Jude

Join the Thursday morning Women's Bible for an in-depth study on the New Testament Epistle of Jude. Written by the half-brother of Jesus Christ, Jude is one of the shortest books in the Bible. Why is this study so important for today's Christian? For one, it helps us identify and combat the false teachings and prophecies that are so prevalent today. Secondly, the study teaches us the meaning of contending for our faith and shows us how to do it. Finally, Jude will provide us with encouragement and help as we live and interact with a culture that is hostile to our Christian faith. This five-week study begins April 26 and ends May 24. The class meets Thursdays from 10 a.m. to noon in the Administrative Conference Room. For more information contact Connie Odems at (703) 583-0391.

#### Men's Bible Study: Leadership Lessons from Timothy and Titus

The three Pastoral Epistles to Timothy and Titus are chock-full of wisdom and life-lessons from an aging Apostle Paul to two young future leaders in the church. The heart-felt warnings and instructions are applicable to men of all ages in improving their walk with the Lord. Men, join us Saturday mornings in the sanctuary starting at 8 a.m. and ending promptly at 9 a.m.

 LOVE  GROW  SERVE

#### First Friday Worship & Prayer Postponed

The First Friday Worship and Prayer Service has been moved to April 13, at 7:30 p.m. in the multipurpose room. During these quiet evenings we gather to praise the Lord with songs of worship, interspersed with quiet times in prayer and listening before the Lord.

#### Prayer for the Persecuted

If you are distressed by the news around the world and want to do something to help, please consider this prayer opportunity. We meet the second Tuesday of every month. The next meeting is April 10 at 7:30 p.m. in the All Saints' Prayer Center.

#### Men: Save the Date for Hiking

Men of All Saints', on April 28, we will be hosting a Men's Hiking Event at Leesylvania State Park (children and pets welcome), from 9:30 a.m.-noon. Watch for more information in our next newsletter.

#### Connecting Women

The ASC Women's Council hosts a monthly get-together, "Connecting Women," every third Saturday of the month at Wegman's upstairs, from 1-2 p.m. Our next meeting will be April 21. This is a casual social event: grab a coffee, connect, and finish your weekly shopping at the same time.

#### Women's Worship & Prayer

The women's worship and prayer meetings have moved to the 1st and 3rd Tuesdays of each month, still 7-9 p.m. On April 3, we will meet at Heather Dollenger's home; on April 17, we will meet at Kelly Mine's home. All are welcome to join in this evening of mutual encouragement and prayer for our church and each other.

#### Caregiving Conference

"Navigating the Caregiving Journey," a conference designed to empower family caregivers with resources and knowledge is being held at All Saints' Church April 28, from 9 a.m. - 4 p.m. Presentations will cover various aspects of caregiving, to include elder abuse, legal, community resources, Medicare, caring for your loved one's money, fraud protection and much more. For more info, visit [www.mycaregivingjourney.com](http://www.mycaregivingjourney.com).

## Weekly Fellowship/Learning Opportunities

- Sun.** • 9:45 - 10:45 a.m.: **Discipleship for All Ages**
- 6-8:30 p.m. in multipurpose room: **Consumed! Youth activities and Bible Study**
- Tues.** • 10 a.m. - noon: **Women's Bible Study**
- 7:30-9 p.m.: **Bible 101.**
- Wed.** • 7:30 p.m. **Koinonia** - Young Adults meetings every other week.
- Thu.** • 9:30-11:30 a.m.: **Women's Bible Study**
- 7 p.m. -Sandoval home: **Youth Bible Study**
  - 7:15 p.m. **Choir rehearsal**
- Sat.** • 8-9 a.m. **Men's Bible Study**
- 8:30 p.m. Into Action (AA support)

## CVBS Host Homes

Would you like to learn more about becoming a CommunityVBS Host Home before our May 1st sign-up deadline? If God is nudging you to host CVBS at your home June 25-29, but you'd like more information, come to one of **two** information sessions for prospective host homes at All Saints' Church (childcare is provided).

**April 19, 7:30-8:30 p.m. or  
April 24, 7:30-8:30 p.m.**



## CVBS Mission Mondays

All are invited to join us on Monday mornings helping to prepare for the CommunityVBS mission. We gather between 10 a.m. and 1 p.m. in the Administrative Conference Room and paint, cut, sort, count, and ready all things needed for the Lord's big mission. Join in when you can, as many hands make light work and there is a job for everyone!

## Food Fight!

Take a stand in the international fight against hunger! All Saints' will be participating in Food Fight 2018, the annual **Feed My Starving Children** food packing event May 5 from 12:30 p.m. to 3 p.m. at the Dulles Expo Center. More info to come, but for now, Save the Date.



## Protecting God's Children Class

Protecting God's Children at All Saints' Church, a required workshop for all those age 14 and older who volunteer with youth and children (CommunityVBS, Nursery, Sunday School, Youth Group, etc.) will be offered Saturday, April 21 from 9:30 a.m. until noon in the ASC Children's Wing. Nursery and child care for children third grade and younger will be made available upon request by April 18. All who plan to attend are asked to register for the workshop at our website: <http://www.allsaintswoodbridge.org/pgc>.

## American Heritage Girls Want Your Retired Flags

The American Heritage Girl troop at All Saints' will be conducting a proper United States flag retirement ceremony during the troop spring camp out on April 27-29. If you have a flag ready for retirement, please leave it in the box marked in the Atrium by April 26; we would be honored to retire it for you. If you are not sure whether your flag should be retired or repaired, please visit this website for details: <https://www.flagsusa.com/flag-retirement/>. If you have any questions, email Heidi Reichert at [heidireichert1@gmail.com](mailto:heidireichert1@gmail.com)

## Cookies for Kairos

Kairos is a ministry that brings Christ's love to people in prison, over a four-day visit of sharing the Gospel with inmates. Homemade cookies provide a tangible way for the team to demonstrate God's love and concern to those who seldom encounter either in the course of their daily lives. The team members for upcoming Kairos Weekend #39 are Debbie Morrison, Carol Updike, and Anne Coppersmith, who will be traveling April 12-15 to Central VA Correctional Unit outside Richmond. Each team member brings 30+ dozen homemade cookies to the weekend, so we need your help! If you are willing to bake cookies, please sign up at the KAIROS Cookie table in the atrium on Sunday mornings. There are specific rules for the cookies which are available at the table. Please deliver your cookies to the church by April 10. Bring them on Sundays and leave them on the Kairos table, or you can leave them in the church's freezer in the box marked Kairos. Questions? Contact Debbie Morrison at [2157cats@gmail.com](mailto:2157cats@gmail.com).



## Event Planner

### April

- 1 Easter Sunday
- 6 First Friday Worship 7:30 p.m.
- 6-8 Youth Spring Retreat
- 7 Needlework Ministry 9:30 a.m.
- 10 Prayer for the Persecuted 7:30 p.m.
- 11 HEART! New Bible Study begins
- 12-14 Kairos Weekend
- 13 Elevate! 6-9 p.m.
- 15 Taste of Heaven (no service at ASC)
- 19 CVBS Host Home Info Night
- 19 Choir Rehearsals Resume
- 21 Protecting God's Children 9:30 a.m.
- 24 CVBS Host Home Info Night
- 28 Caregiving Conference
- 29 ASC Welcomes Jan Nel

### May

- 1 CVBS Host Home Sign-up Deadline
- 3 National Day of Prayer
- 4 First Friday Worship 7:30 p.m.
- 5 Pre-Baptism Class
- 5 Needlework Ministry 9:30 a.m.
- 5 Food Fight 2018
- 6 Newcomers' Class Begins 9:45 a.m.
- 8 Protecting God's Children 7 p.m.
- 11 Elevate! 6-9 p.m.
- 12 Youth Yard Sale
- 13 Baptism Sunday
- 27 Christian Ed Sunday
- 28 Memorial Day
- 30 Serving at Streetlight

### June

- 1 First Friday Worship 7:30 p.m.
- 3 Youth Sunday
- 3 Protecting God's Children 10 a.m.
- 12 Prayer for the Persecuted 7:30 p.m.
- 12 Great Amer. Steakhouse fund raiser
- 25-29 CVBS All Saints' & Area Churches

## Not So Very Far Out

- July 15-22: Aliquippa
- 19-20 Oct: Women's Stay Retreat

## Have an Announcement?

If your community group or your small group is planning an activity, let us know so we can pass the word in the Fridge Sheet and Newsletter. Send your info to [announcements@allsaintswoodbridge.org](mailto:announcements@allsaintswoodbridge.org). Deadline for the Fridge Sheet is the Wednesday before the first Sunday of each month.

For more about what's happening, visit our website and sign up for our weekly e-newsletter!



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